

2022-2023 Safe Learning Plan

As has been the case throughout this pandemic, Chisago Lakes School District, will prioritize and protect in-person learning opportunities for our students during the 2022-23 school year. Chisago Lakes students K-12 will attend school in person, five days a week. The District will follow required protocols and procedures as needed in order to keep students safely in school. Chisago Lakes School District will discontinue notifications for positive cases for the 2022-23 school year.

We understand that the situation with COVID-19 is fluid, and Chisago Lakes School District policies could change at any time based on further state or federal direction, or in response to rising cases in our schools or community. Health and safety-related decisions will be made in consultation with the Minnesota Department of Health.

Staying Home When Sick



- We ask that students, staff and families monitor for symptoms of illness and stay home if they are feeling ill.
- Students who have a fever of 100° or greater cannot return to school until 24 hours after the fever has left and they no longer need medication to keep the temperature down, and other symptoms are improving.
- Students and staff with confirmed cases of COVID-19 will be required to self-isolate at home until they have met criteria for return. Isolation criteria is on page 2 of this document.

Personal Hygiene



- Students and staff will be encouraged to practice personal health hygiene, including covering their cough and washing their hands.
- Schools will ensure the availability of appropriate supplies to support healthy hygiene behaviors, including hand sanitizer, soap and disinfectant wipes.
- Masks and face coverings are not required in Chisago Lakes School District buildings.

COVID-19 Testing



- Testing for COVID-19 if you're feeling sick or after close contact exposure will continue to be an important preventive measure, with many [convenient testing options](#) available for students and families.
- Reporting a Positive COVID-19 Test: Families and staff are asked to contact the school health office if a student or staff member has tested positive for COVID-19.

COVID-19 Vaccination



- Information about COVID-19 vaccination is available through the [Minnesota Department of Health](#).
- Proof of vaccination will not be required of students to attend school.
- The district is committed to protecting the privacy of students and staff and will not ask individuals to disclose their COVID-19 vaccination status to their fellow students, teachers or coworkers.

COVID-19 Isolation

Reporting a Positive COVID-19 Test

Families and staff are requested to contact the school health office if a student or staff member has tested positive for COVID-19.

Confirmed Cases of COVID-19

If you test positive for COVID-19 and have symptoms:

- **Isolate for at least 5 days.** To calculate your 5-day isolation period, Day 0 is your first day of symptoms. Day 1 is the first full day after your symptoms developed.
- You can end isolation after 5 full days if you are fever-free for 24 hours without the use of fever-reducing medication and your other symptoms have improved.
- If you continue to have fever and/or your other symptoms have not improved after 5 days of isolation, continue to stay home until your symptoms have improved as noted above.
- Chisago Lakes School District recommends that students/staff wear a well-fitting mask around others for day 6 through day 10.

If you test positive for COVID-19 and have no symptoms:

- **Isolate for at least 5 days.** Day 0 is the day of the positive COVID-19 test. Day 1 is the first full day after testing.
- If you continue to have no symptoms, you can end isolation after 5 days and return to normal activities.
- Chisago Lakes School District recommends that students/staff wear a well-fitting mask around others for day 6 through day 10.

More Resources:

- [CDC Isolation Guidance](#)
- [MDH Isolation Guidance](#)
- [MSHSL COVID-19 Positive Participation Requirements](#) (updated 8/18/22)

Close Contacts & Quarantines

If you are exposed to COVID-19:

- As of August 11, 2022, the CDC no longer recommends that people quarantine following COVID-19 exposure, regardless of vaccination status. Chisago Lakes School District will no longer require quarantines of household close contacts and will discontinue classroom-level notifications of positive cases for the 2022-23 school year. If you know you were exposed to COVID-19, the CDC recommends wearing a high-quality mask for 10 days and getting tested on day 5 following exposure.
- Please refer to the CDC's web page [What to Do If You Were Exposed to COVID-19](#).

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